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THE VILLAGE LINK

GRIMSTON, POTT ROW, ROYDON & CONGHAM

online at www.ggmbenefice.uk

Hello Everyone.

Summer holidays are here and things are starting to happen again, regular contributors are holding coffee mornings and lunch meetings too.

What a lovely front cover of the tractor run, which was held even with the restrictions in place, what a colourful sight they made.

Best wishes

Your Editor

The Deadline for submissions for the September is 19th August

EDITOR:	Chrissy Shale	grimstonvillagelink@outlook.com	609177
ADVERTISING:	Roger Haywood	haywood301@btinternet.com	KL-630301

*Contributions by e-mail should be sent as plain text, or if on paper should be delivered to 9, Leziate Drive, Pott Row PE32 1DB
Distribution: George Wood (Congham), Mary Roper (Grimston), Kath Evison (Roydon), Jan Willson (Pott Row)*

WEBSITE:	Steve Williamson	editor@ggmbenefice.uk	KL- 636413
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OUR PASTORAL TEAM

Rev'd Judith Pollard	Team Rector	01485 601251	wotzpollard@aol.com
Rev'd Sue Martin	Assistant Priest	01553 636303	suemartin2gayton@hotmail.com
Joy Smith	Reader	01485 600402	joysmith61@btinternet.com
Nell Steele	Reader	01553 840814	nellsteele@btinternet.com

For Pastoral Care please contact Revd. Judith as above.

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Wardens:	Mrs Jan. Willson, 11 Leziate Drive, Pott Row	630129
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ST. ANDREWS CHURCH, CONGHAM

Wardens:	Mrs Helen Lilley, Heath House, Hillington	600153
	Mrs Hilary Scase, Little Congham House, Congham	600650

ALL SAINTS CHURCH, ROYDON

Wardens:	Mr Colin Grimes, 74, Station Road, Roydon	600059
	Mr Ivan Hudson, 72, Station Road, Roydon	600471

CHURCH ORGANISATIONS

WAHM Club:	Mrs Joy Smith, 16, Gayton Road, Grimston	600402
Bell Ringers:	Mr Michael Harding, 4, Stebbings Close Pott Row Grimston	600041

POTT ROW METHODIST CHURCH

Minister:	Rev. Robert Roberts, 9, Peckover Way, South Wootton	01553-676918
Church	Mr Stephen Watts, 32 Chapel Road	600593

Village Website: www.grimston.org.uk

TO ALL PARISHIONERS



My hope for August is that we all enjoy some sunshine, spend time with our families and friends and live without fear and worry. People talk about 'a year like no other', 'such a strange year' and many other things too. The pandemic has certainly changed our lives and in many ways, these will become part of our lives for several years.

Our churches are slowly coming back to life, we are open and join together to worship, pray and even sing! The ten churches in our benefice range from the magnificent larger churches of St Mary's Gt Massingham, St Botolph's, Grimston and St Nicholas, Gayton to the beautiful middle sized and smaller churches of All Saint's Ashwicken, St Andrew's Congham, All Saint's Roydon, St Andrew's Little Massingham, St Lawrence Harpley, St Mary's East Walton and St Mary's Gayton Thorpe. Each one is very special, and I know they remain central to our villages.

A real joy this summer are the churchyards, with trees and green spaces, some neat and tidy and some with longer flowing grasses. All places where we can walk freely, usually sit down on a wooden bench and take time to think and be at one with God. Even when churches were closed, churchyards were always there for everyone, well used and visited by many.

We love the wildflower areas, the neatness by some gravestones, birds singing from the hedges, insects living in the old walls and around the grounds. A breath of fresh air indeed.

In Luke, ch 12 v,27 Jesus says, '*Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these*'.

My dream for August is that we all find space in our countryside and peace in our lives, in this very strange year indeed.

Rev'd Sue Martin



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On 19th July the Government are proposing that all Covid restrictions are relaxed. Although it is inevitable that at some time we must all return to normal, at Grimston Medical Centre we will still have the need to keep some restrictions in place. We have considered this for some time and hope that you can understand our position.

We have a duty of care both to our patients and to our staff, ensuring everyone's safety is paramount. Therefore we will still be operating a Telephone appointment system; if the clinician needs to see you face to face then you will be asked to come to the Medical Centre.

We will still ask that all visitors to the Practice wear a face covering and respect social distancing.

If you are exempt from wearing a face covering you will be asked to wear a face shield which will be provided for you. This is to maintain staff safety and your own safety.

We continue to do our very best to ensure that the services we provide are not interrupted in any way, we have so far had Zero positive Covid cases at the Medical Centre and wish to keep it that way.

Our premises are currently undergoing work to make your experience here safer, new flooring is currently being laid in all public areas, and our reception area is being relocated. This work can only take place at weekends in small areas and therefore this will take some time to complete.

Thank you all again for your continued support and understanding at this still very difficult time.

Best Wishes,

Michelle Mountain
Practice Manager.

St Botolph's Church Grimston are holding a

Village Barn Dance
(because we can!)

on

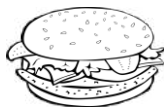
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Invitation to all Grimston and Pott Row Parishioners

We would like to invite you to an
open meeting between
Grimston Fen & Allotment Trust (GFAT)
& **Grimston Fens For All (GFFA)**

The meeting will take place on
Wednesday 18th August 2021

Starting at **7.15pm** and finishing at **8.45pm**
At **Grimston Village Hall**

This is an opportunity for engagement, information sharing and
discussion

We look forward to seeing you

Greenfingers Gardening Club

The Greenfingers Committee met on 20th July to discuss how to move forward with the Greenfingers Club in the light of rising Covid-19 levels, again.

After much discussion we concluded that although the idea of a summer picnic would be nice the vagaries of the weather made it impossible without an indoor alternative and we were not prepared to arrange anything indoors for a group of up to 75 people at the present time.

So I'm afraid that for the Autumn and Winter period we cannot proceed with Greenfingers activities.

We sincerely hope that come next spring things will be different.



The committee will reconvene then and make plans for a super summer. Fingers crossed.

Keep safe and well. Cynthia Jackson

A View from Lanky Hill

I am writing this last article before the summer break, over the weekend of 17th/18th July. The days are just beginning to shorten, which usually means they are also about to warm up – any temperatures over 24/25°C are not welcome to me (as some of you well know!). I've had a couple of excursions, one to Tilney All Saints, attending the funeral of an old rugby friend. After the service we all gathered at the Coach and Horses pub where old times and matches were replayed over and over again - I didn't do much the next day for the obvious reason. But more will be told of our old friend who died at the grand age of 81. Another trip was to Ringstead to collect two or three score of leek plants, to be planted where the early spuds had been lifted (didn't I bring you any?). Everywhere I've been I've noticed, on waste ground and roadside verges, an abundance of Ragwort. This yellow flowered plant is a perennial (known also as Stinking Willie) and not liked by farmers as, when cut and dried, the foliage is poisonous to livestock. Left to grow into late summer, the flowers attract an insect which lays eggs inside the flower petal and hatch into green and yellow caterpillars, much loved by Finches and Warblers. It's an ill wind that benefits nobody.

I think the Ragwort is early this year, normally more often seen in August, along with another perennial weed, Purple Flowering Willow Herb, which is not as yet evident. Any botanist reading this who can supply the reason please contact me (01553 636394). Now is the time to review the avian population of the garden here at Lanky Hill. Our old friends, the House Martins, are now well into their second brood of youngsters. Numbers are down this year due to their late arrival and cold dry May. No more than ten nests can be counted. The decision by Sharon to place a few bird feeders at the front of the house, tucked in between the front porch and the dining room window, has been a wonderful success. Sheltered from attack by Sparrow Hawks (not that I've seen one this year), a veritable explosion of small birds queue up to feed. Sitting, as I do, in the snug, I can watch them at my leisure. Four breeds of Tits – Blue, Great, Long Tailed and Coal, compete for peanuts. On the feeders containing sunflower hearts many types of Warblers and other summer visitors can be observed; I'm not a good enough ornithologist to name but a few, but certainly Blackcaps, Chiff Chaffs and Wood Warblers are present. Going up a size, Blackbirds are most common, mostly feeding on the bread and Tesco's scones put out on the back lawn every morning. Again, upping a size, are Wood Pigeons.

Not this year attacked by any Sparrow Hawks, they seem to be everywhere. A pair have built a nest on top of the Aga chimney, right above our bedroom. Sleep at this time of year is impossible after 5.00am – whether a week day or weekend, as they ceaselessly “coo-coo” to one another.

Our biggest and shyest visitor this summer has been a Red Kite, with its forked tail is instantly recognizable. They feed on carrion and I wondered what attracted this marvellous hawk to us. However, looking through the back hedge is a rather gappy field of sugar beet (drilled too early). A colony of rabbits are there to be found. These have contacted "myxie" and their corpses have attracted the Kite. They are obviously nesting in Congham Woods, the other side of the Massingham Road.

Sharon has just returned from filling up the bird feeders in the back garden and announced that, for the third day in a row, the Goldfinches are absent. This reminded me of July last year, so I drove up to Tythe Farm and up to the top of Lanky Hill where I found a large flock of Goldfinches feeding on Thistle heads which had just seeded. I find this amazing, to fly several hundred meters from where they live in relative safety just to feed on what is a natural food for them. At least my expense has been momentarily spared.

I'm going to finish this month with some memoirs of old friends and acquaintances. Please excuse me if some of these memoirs cause a little offence!! Firstly, as earlier mentioned, I recently attended the funeral of an old rugby colleague, Melvin Wiles. He lived all his life down Eau Brink, a remote lane between Tilney and St Germans. He earned his living providing kennels for dogs and horses, which, on his retirement, he sold to the RSPCA. Melvin, as a young man, was an amateur boxer, who was persuaded to turn professional. This proved quite successful until one day it occurred to him that his manager was earning more than he was. The main problem was, of course, when the bell rang for the start of the fight the manager, despite all assurances of support, got out of the ring, leaving Melvin to do the hard and often painful work! After his retirement he still, once a year, attended King's Lynn "Mart" where he took on the resident champion. Quickly knocking out the poor chap, he soon had the job for himself. Most of his opponents were worse the wear for drink, so a quick tap on the chin was sufficient for victory. All cash and no manager – very satisfactory. Melvin was quite a character, hence a full church at his funeral on July 13th this year.

Another well know King's Lynn character was from a generation earlier. Most of you will know the fishmongers in Austin Fields called Donaldsons. Half a century ago, Jack Donaldson had his shop in Norfolk Street, just opposite where W.H. Smith and the Post Office is today, supplied daily by the King's Fishing Fleet in North Lynn. Jack lived with his family in Nursery Lane, North Wootton. Despite running a very efficient and successful business Jack was very fond of a daily tippie during the day at "Fiddaman's" opposite his shop (now closed) or the Red Cat Public House (still open) in North Wootton. At the Red Cat he and his best mate, George Goddard, would entertain the locals with stories, mostly lurid and rude to the extreme. I remember my parents, when they lived in North Wootton, would attend on Saturday night and find themselves amused.

continued on page 15



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A View from Lanky Hill

continued from page 13

Two of Jack's stories I will now relate. The Thompson family lived in the Grange close to the pub and the church. Mrs Vera Thompson on Friday decided that her husband Wilfred would enjoy a fillet of plaice for his supper. Phoning Jack at the shop, the order was placed which he would deliver on his way home. The fish was placed on Jack's driving seat by his staff. Leaving "Fiddaman's" Jack, rather the worse for drink, drove home to North Wootton, just remembering in time to call in at the Grange and deliver Wilfred's plaice. Driving into the Grange, Vera was pruning roses outside the front door. Jack drove up to Mrs Thompson and looked around for the plaice fillets. Too late a sudden dampness to the seat of his trousers made him realise where the parcel was. Getting out of his truck he handed over Wilfred's supper and beat a hasty retreat. Whether Wilfred ever ate his plaice supper will remain a mystery: remember, Jack had spent all afternoon drinking several pints of beer at "Fiddaman's".

One last story, often told by Jack, was a meeting at his shop between himself and a washing powder salesman. The salesman claimed his new detergent would clean the staff's aprons and overalls better than the product in use. Jack's cheeky reply was to set up a comparison trial, not, however, on the men's overalls, but on Jack's under-garments. The winner would be the detergent that best removed the Worthington beer stain?!

That's it until September 2021. *Mike Chamberlain*

St Andrew's Coffee and Cake Comeback!

Join us for delicious Coffee and Cake once again at St Andrew's Congham on Saturday 14th August from 11am until 2pm.

Our popular Coffee Mornings return with a special event and for the longer than the usual time.

We will have a large covered outside space and additional stalls with cakes and home produce to take away, books, plants, bric a brac, tombola and a raffle. Looking forward to seeing many new faces as well as catching up with 'old' friends.

Coffee and Cake £3.50. Proceeds to St Andrew's Church.

Glenis, Hilary and Helen



A Good Read for a Good Cause

During the pandemic Samaritans, in common with many other charities, has been unable to pursue their usual fund raising activities, and all this at a time when the demand for the emotional support offered by Samaritans has never been greater.

During lockdown I have written and published a novel (a mystery thriller, for those who like the genre) based on the British inland Watwerways. (Cari Moses)

The proprietor of The Old Stores, Roydon, has kindly agreed to have signed copies of my book on sale in his shop, with the proceeds going to King's Lynn Samaritans and I would be most grateful for any support you can give by buying a copy or recommending it to friends. I have been a Samaritan volunteer since the 1960s, the last 25 years here in the local King's Lynn branch and know first-hand just how valuable our service is to our many callers.

Dr Judith Hills (Judith Tyler Hills) Email info@judithtylerhills.com.
web site. <https://judithtylerhills.com> mobile 07800916280



Pott Row Methodist Chapel August Services

We continue to enjoy being able to meet and worship together, and we are glad that the chapel is once again open for other groups and activities.

Our services in August will be Sunday 8th August and Sunday 22nd August, beginning at 10.30am.

All are welcome!



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SERVICES FOR AUGUST

1st Aug	9th Sunday after Trinity	
8.30am	St Andrew Congham	Holy Communion
9.30am	St Lawrence Harpley	Family Service
9.30am	St Andrew Lt Massingham	Holy Communion
10.30am	St Nicholas Gayton	Holy Communion
Wed 4th Aug		
9am	St Lawrence Harpley	Holy Communion
8th Aug	10th Sunday after Trinity	
8.30am	All Saints Roydon	Holy Communion
9.30am	St Andrew Lt Massingham	Morning Prayer
10.30am	St Botolph Grimston	Holy Communion
10.30am	St Mary Gt Massingham	Holy Communion
6.00pm	St Andrew Congham	Evensong
11th Aug		
3pm	Zoom	Lectio Divina
15th Aug	11th Sunday after Trinity	
9.00am	St Lawrence Harpley	Holy Communion
9.30am	St Mary Gt Massingham	Family Service
9.30am	St Andrew Lt Massingham	Morning Prayer
10.30am	St Botolph Grimston	Morning Praise
11am	Zoom	Holy Communion
6pm	All Saints Ashwicken	Evensong
Wed 18th Aug		
9am	St Botolph Grimston	Holy Communion
22nd Aug	12th Sunday after Trinity	
8.30am	All Saints Ashwicken	Holy Communion
9.30am	St Andrew Lt Massingham	Holy Communion
10.30am	St Nicholas Gayton	Holy Communion
3pm	St Mary Gayton Thorpe	Celtic service
29th Aug	13th Sunday after Trinity	
10.30am	St Botolph Grimston	Holy Communion
3pm	St Nicholas Gayton	Celebration of the life and Ministry of Rev Jane Holmes

5th Sept

8.30am
9.30am
9.30am
10.30am

14th Sunday after Trinity

St Andrew Congham
St Lawrence Harpley
St Andrew Lt Massingham
St Nicholas Gayton

Holy Communion
Family Service
Holy Communion
Holy Communion



**Celebration of the life
and Ministry of
Rev Jane Holmes**

On Sunday 29th August we will be holding a service to celebrate the life and Ministry of Rev Jane Holmes. Jane was such a special person and touched so many people during her time with us. As we were only able to have 30 people at her funeral and some family members were not able to attend, we suggested holding a service when restrictions allow us to really celebrate her life and ministry.

The service will be at the newly reordered St Nicholas Church Gayton which is very much a legacy of Jane's hard work and determination so see the church being used for many other things and just church services and becoming central to the parish and community.

The service will be at 3pm and will be followed by afternoon tea, hopefully outside the church.

Please do bring along any photos you have of Jane which you would be willing to share, or alternatively you can email them to joysmith61@btinternet.com to enable us to have a display of her ministry in the church.



Church News

It's good to be back

Well we have now had a month of being able to meet back in church although still under restrictions for most of the month, now we can sing again!!!

But every church will be assessing the risks and acting accordingly, although face masks are not mandatory now people should be free to choose whether or not they wear them when coming to Church.

For those of you still unsure of attending Church you will see from our list of services that we will still be having a Zoom service at least once a month and also our Lectio Divina on the second Wednesday of each month.

Please remember to check our website for any changes.
www.ggmbenefice.uk

To help you prepare for the services, I have listed the readings we will be using for each Sunday. There are three readings for each Sunday.

1st Aug 9th Sunday after Trinity
Exodus 16 verses 2 to 4, 9 to 15
Ephesians 4 verses 1 to 16
John 6 verses 24 to 35

8th Aug 10th Sunday after Trinity
1 Kings 19 verses 4 to 8
Ephesians 4 verses 25 to 5 verse 2
John 6 verses 35, 41 to 51

15th Aug 11th Sunday after Trinity
Proverbs 9 verses 1 to 6
Ephesians 5 verses 15 to 20
John 6 verses 51 to 58
Or

The Blessed Virgin Mary
Isaiah 61 verses 10 to end
Galatians 4 verses 4 to 7
Luke 1 verses 46 to 55

22nd Aug 12th Sunday after Trinity
Joshua 24 verses 1 – 2a, 14 to 18
Ephesians 6 verses 10 to 20
John 6 verses 56 to 69

29th Aug 13th Sunday after Trinity
Deuteronomy 4 verses 1,2, 6 to 9
James 1 verses 17 to the end
Mark 7 verses 1 to 8, 14,15, 21 to 23

2nd Sept 14th after Trinity
Isaiah 35 verses 4 to 7a
James 2 verses 1 to 10, 14 to 17
Mark 7 verses 24 to end

Parish Registers

Baptism

27th June at St Botolph Grimston
Isla Louise Gibbs

4th July at St Mary Gt Massingham
Esther June Gillham

Funerals

19th July at St Botolph Grimston
Robert Taylor

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Pets Corner

This month I want to talk a bit about raw diets that has been very popular amongst pet owners recently. If you have chosen to feed your pet on raw food, you should be aware of the potential problems.

What are the benefits?

- You are in control of the ingredients.
- No preservatives or additives.
- Some people enjoy preparing meals for their pet

Economy should not be a reason to cook for your pet, as commercial diets are normally cheaper and more balanced than home-cooked diets.

Are raw diets balanced?

Studies have shown that the majority of raw diets are not balanced or complete, but your pet may not immediately show symptoms of deficiency if he/she is older. It is the young growing puppy or kitten that will show deficiencies the easiest. I can distinctly remember a kitten that I treated that had fractures of his pelvis because the owner fed him just raw mince, and that led to an imbalance between the calcium and phosphorous in his body to the extent that his bones did not mineralise and fractured.

It is natural, but is it safe?

Studies on commercial raw foods has shown that they are often contaminated with pathogens like Salmonella, Campylobacter, Yersinia and other bacteria that can cause upset tummies in both pets and humans. These bacteria are also excreted in the stool of the pet and can contaminate the environment, as well as the owner that handles the raw meat or picks up the stool. Other parasites that can lurk in raw food are Toxoplasma, Sarcocystis, Neospora caninum, Toxocara canis (roundworms) and tapeworms. They all have the potential to infect humans as well, sometimes with devastating effects on the health of the human. Certain viruses like Norovirus, Psuedorabies and Avian Influenza (cats being fed infected poultry) can also be transmitted from your pet fed on raw meat to you.

People at risk

Any person with a compromised immune system is at risk of catching above diseases from either the pet or handling of the raw diet. These are the elderly, pregnant women, children under 5 years of age, people undergoing treatment for cancer or has an immunosuppressive disease. In short: all those people that we class as 'highly vulnerable' for Coronavirus. Bear in mind that some people working in the veterinary field can also fall in this category, and therefore if you feed your pet a raw diet, please tell your veterinary practice so that these people can take precautions when handling your pet.

Does feeding raw bones help your pet's teeth?

The short answer: no. Dogs certainly enjoy chewing on bones, but it will not lead to clean teeth. Chewing on bones may reduce tartar, but not periodontitis, which is what leads to rotten teeth. Furthermore, the amount of calcium in the bones are not enough for keeping your dog healthy. Another point to remember is that if the bone is hard enough to scrape off tartar, it is hard enough to break a tooth. Swallowed pieces of bones can damage the intestines and may need to be surgically removed if they get stuck.

continued on page 25

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For More Information or to make an appointment to look round please contact the school offices :- Flitcham 01485 600383 or office@flitcham.norfolk.sch.uk or

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office@sandringhamwestnewton.norfolk.sch.uk

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In summary

The choice of feeding raw diets is yours. But make informed choices and source your food from reputable suppliers and take very special hygienic care when handling the food or the stool of your pet. Deworm your pet regularly. And please tell your vet that you are feeding a raw diet when your pet develops a runny tummy.

Adri Rossouw

Medivet South Wootton



Congham Parish Council

August 2021

I am pleased to announce that Mrs Mary White has been appointed as the new clerk for Congham.

In view of this, it was felt that postponing the July meeting until August would enable the new Clerk to make herself known to the residents.

The next Parish Council meeting will take place on

Wednesday 18th August Congham Hall Writing Room at 7pm.

The following meeting will take place on Wednesday 22nd September.

The Parish Council are also seeking an additional councillor to represent the views of your neighbours and residents of Congham.

Footpaths

The Parish Council would like to remind all walkers to keep to the correct route for the footpath.

There are maps on the Norfolk County Council Highways/footpaths section of their site.

Some walkers on the footpath FP9 have been deviating from the correct route coming from Congham to Low Rd. Please turn towards the cricket field at the carpark at the back of Congham Hall, as the drive is private property.

You can also report any highway issue to www.norfolk.gov.uk/highwaysproblem.

It has been a privilege to represent all residents of Congham as your Clerk over the last thirteen years, I will retire on the 6th August. In the interim please contact one of your councillors if you have any problems.

Kate Sayer. conghamclerk@btinternet.com. 01485 600825.

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GRIMSTON PARISH COUNCIL

Spring Clean: Well done to everyone who participated in the Parish Spring Clean in June. There was a good turnout making the event another success. Thank you to Cllr P Coleman who coordinated the activity, The Three Horseshoes Pub who permitted the use of its carpark and KL&WN Borough Council who provided the equipment and disposed of the collected rubbish. The litter pickers recorded the types of rubbish collected: sweetie wrappers and cigarette butts accounted for the highest proportion of litter, with masks and gloves sadly also making an appearance.

County Councillor: The Council welcomed the newly elected County Councillor - Cllr Nick Daubney to its recent meetings. The Council looks forward to working with Cllr Daubney, a resident of the Parish, on County issues.

Defibrillator: In case it is needed, hopefully never, there is 24-hour access to a defibrillator in the former Red Phone Box on the junction of Lynn Road and Gayton Road Grimston. An online training course on how to use the unit has been arranged for 11 August, everyone is encouraged to attend if they can. Please see the separate post for how to register on the course.

Hudson Fen Leisure Ltd: The Council agreed to make a grant of £896.35 to cover the cost of the annual insurance premium with thanks to the group for all the work that they do.

Platinum Jubilee Committee: The Committee held its first meeting, discussed ideas and activities to mark H.M The Queen's Platinum Jubilee in June 2022. Watch this space for more information.

Rights of Way: The Council has also formed a Public Rights of Way Committee. The Committee's first meeting was well attended and brimming with ideas to improve the current network. The next meeting will be on 2 August.

Accounts 2020-21: The Council and internal Auditor approved the accounts for 2020-2021. The Annual Governance and Accounts Report was submitted to the External Auditor PKF- Littlejohn for review.

Speed Activated Mobile Sign: The Council has secured match funding towards a second SAM2 sign from Norfolk County Council. The second sign, subject to delivery, will join the extended rota of locations around the Parish from the end of the summer. The Council has also agreed to review what more could be done to tackle speeding in the Parish.

Council Vacancy: There is a vacancy for a Councillor on the Parish Council, anyone interested in serving their community please get in touch with the Clerk for more information.

continued on page 29

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Parish Meeting: The Parish Council has not been able to host the Annual Parish meeting due to Covid restrictions, the assembly of parish electors is now planned for Monday 27 September at 7.00pm, more details in the next Link.

Next Council Meeting: The next Council meeting will be held on Monday 6 September at 7.30pm at the Village Hall. Members of the public are welcome to attend, some social distancing restrictions will be in place. The meeting agenda will be published online and posted on the local Noticeboards prior to the meeting.

The Parish Clerk - Philippa Sewell can be contacted on 01485 572037 or by email at grimstonpc@btinternet.com

Parish Council Website: www.grimston.org

Community Heartbeat Trust

**COMMUNITY DEFIBRILLATOR ONLINE SEMINAR
Wednesday 11 August 2021 at 7.00pm**

Register - <https://us06web.zoom.us/meeting/register/tZMvdOuurDgrEtKI-jayeRmPsYHV29Q7v36T>

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OWLS



Hurrah, we are about to restart our lunch group, OWLS. We are a group of well matured people ...but not past enjoying life...and we meet once a month for a lunch at a restaurant somewhere around Kings Lynn. Transport can be provided. I have booked a lunch at The Swan South Wootton for Weds August 11th at midday. If you are able to come , we will be delighted to hear from you.

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Beavers, Cubs & Scouts: Mr Ian Hall, 4 The Walnuts, Grimston	600470
Bowls Club: Mrs Daphne Parsons, 3 Bracken Way, Grimston	601492
1 st Brownies: Catherine Leigh, Old Forge, Church Farm Barns, Gayton	KL-636318
Council (Borough of King's Lynn & West Norfolk)	KL-616200
County Councillors: Congham:	07450 679355
Grimston & Roydon: Simon Eyre, email: simon.eyre.cllr@norfolk.gov.uk	07450 679860
Crafty Villagers Theresa George	KL-630538
Cricketer Club: Mr Tim Tilbrook, Willow Farm, Station Road, Roydon	601413
Borough Councillors: Congham, Grimston, Pott Row, and Roydon -	
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Mr Michael de Whalley, cllr.michael.dewhalley@west-norfolk.gov.uk	07770 273903
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Greenfingers:Cynthia Jackson, 47 Phillip Rudd Court, Pott Row	601210
Guides: Mrs Linda Watkinson, St. Winifred's, Lynn Road, Gayton	KL-636629
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Holly Meadows School: Vong Lane, Head Teacher: Mrs Jennie Wildsmith-Garton	600241
Hudson Fen/PARC: Secretary Mrs Mary Roper 9 Briar Close, Grimston	600003
Member of Parliament: James Wild email: james.wild.mp@parliament.uk	02072193000
Parish Council Clerks:	
Grimston: Mrs Philippa Sewell, 10 Robin Hill, Heacham, PE31 7SS	572037
Congham: Mrs Kate Sayer, Buttermere, Lynn Road, Hillington, PE31 6BJ	600825
Roydon: Mrs Pippa Winson, 37 Ullswater Avenue, South Wootton, PE30 3NJ	KL-674382
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Residents Assoc.: Mr Clare de Whalley, 5 Chequers Road, Grimston	600391
Roydon Common: Norfolk Wildlife Trust: Mr Ash Murray	asm@norfolkwildlifetrust.org.uk
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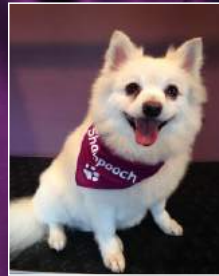
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W: www.kl.minutemanpress.com
E: kingslynn@minutemanpress.com
12 Campbells Business Park,
Campbells Meadow, King's Lynn,
Norfolk PE30 4YR

